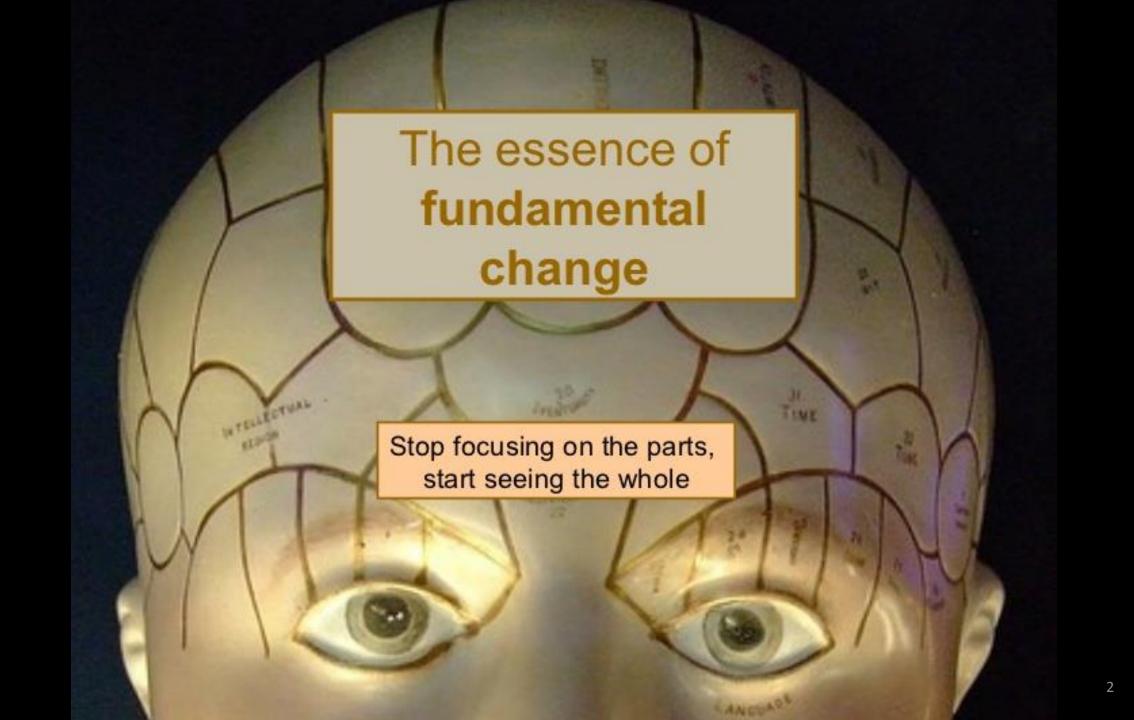
## The Mega Million Dollar Game Plan



#### WHAT I WANT TO DO...

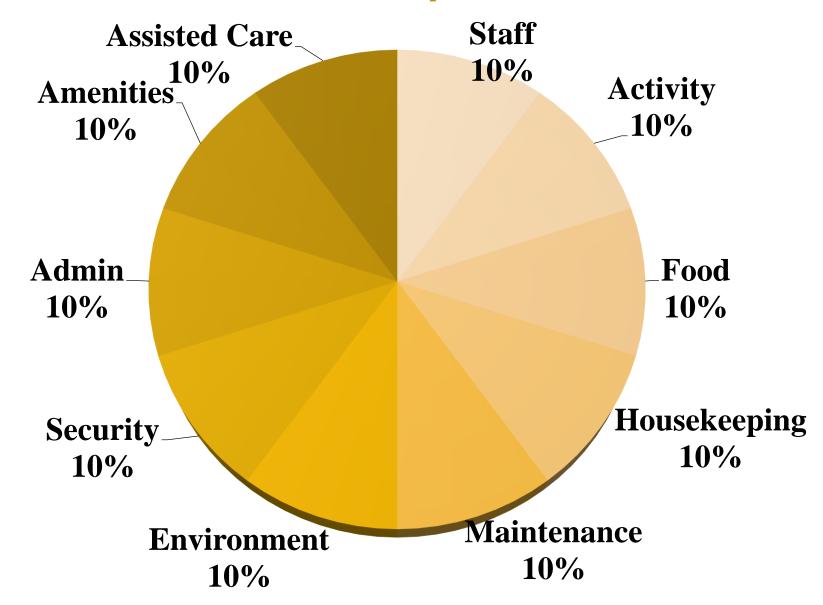
Review some research.
Then brainstorm some ideas.

Today is a good day to see the manatees.

## Being Mortal

Atul Gawande

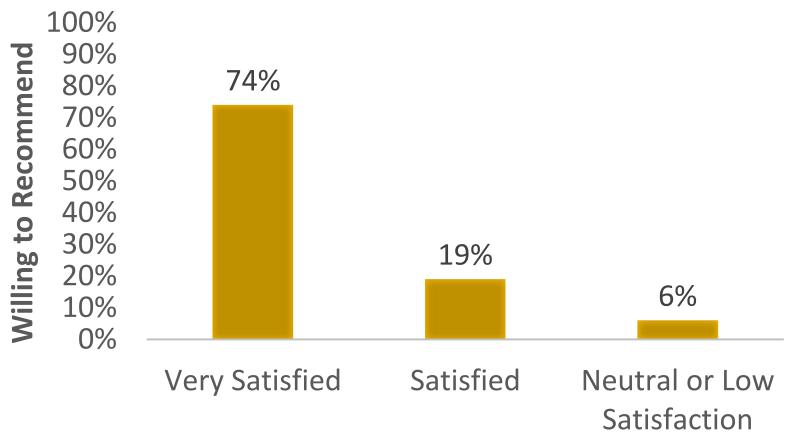
#### Typical Satisfaction Survey Content for Questions





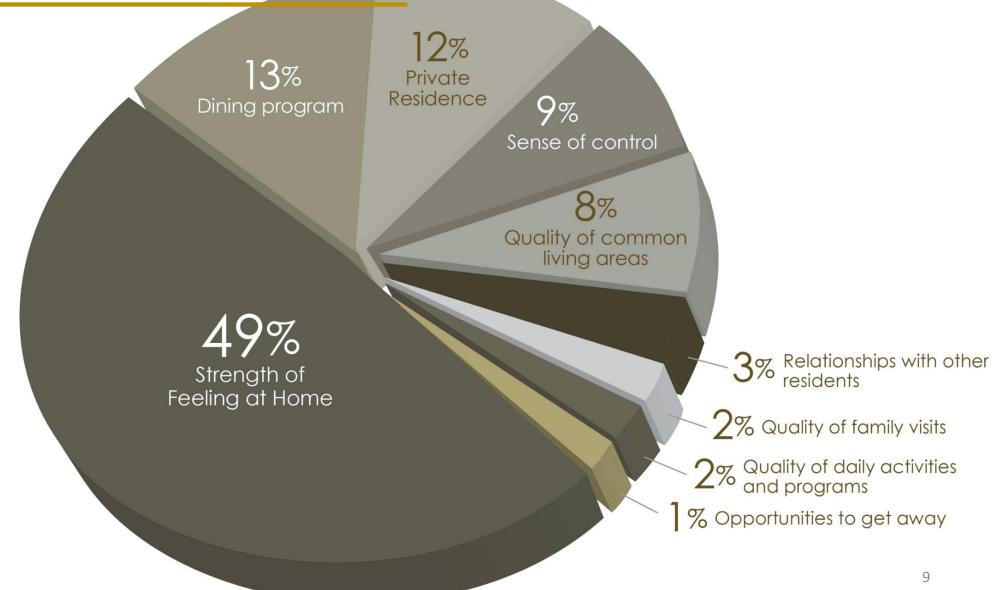
#### "Very Satisfied" is crucial to achieve a recommendation.

#### Percent Willing to Recommend by Level of Satisfaction



**Level of Satisfaction** 

ATTRIBUTES AND SERVICES AND THEIR IMPACT ON OVERALL SATISFACTION AMONG CUSTOMERS



Listen to a couple of customers...

# Communities selected the residents who they wanted to be interviewed.

They would only pick their customers that they knew would say the best things about them.

## Tell me about living in your community.



#### Next video clip

Why did you cry?

• "They" are her children.

• When she refers to her apartment, it is the apartment in an apartment complex she used to live in.

 Now that you have lived here for two years and have made friends, and adjusted to it – If you could have your choice of staying or returning to your apartment, which would you prefer?



## FEELING AT HOME is crucial, but... what makes our customers feel home?

#### STUDY OBJECTIVES

Learn what makes customers feel at home.

#### STUDY PARTICIPANTS

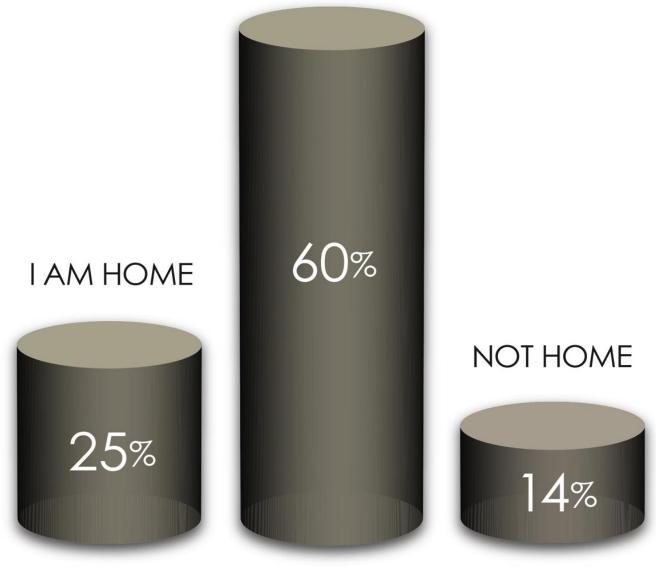
- 11 Cities
- 21 Companies and several independent owners
- 126 Independent living communities
- 6,858 Independent living customers

## What percentage of independent living customers feel at home?

## 25%

#### PERCENTAGE OF CUSTOMERS WHO FEEL AT HOME

#### SORT OF HOME



**Feel at Home Group**Percent of Respondents

## FEELING AT HOME GROUPS Sum of rating on three questions (next three slides)

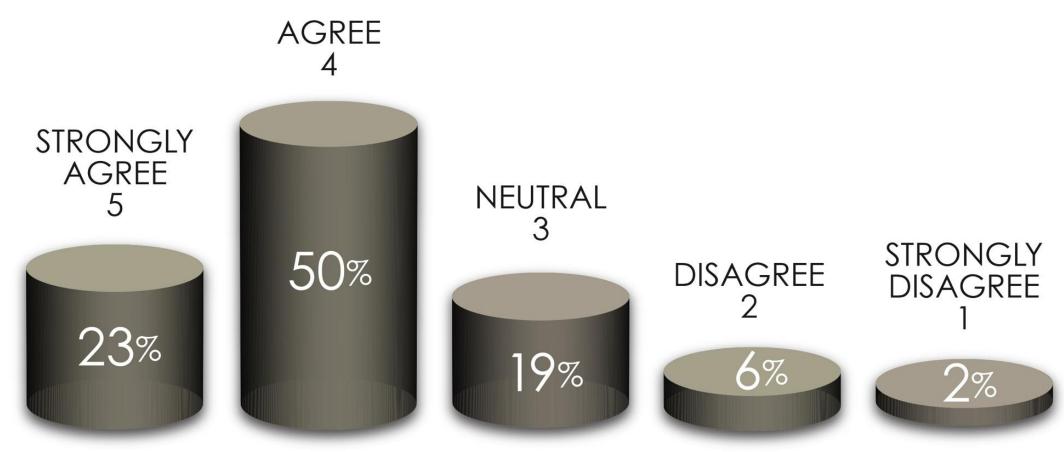
## CUSTOMERS BY THE **FREQUENCY** THEY FEEL AT HOME IN THEIR COMMUNITY

(5-point scale) **MOST OF** THE TIME ALL OF THE TIME SOMETIMES **RARELY** 43% **NEVER** 33% 5% 16%

Frequency of Feel at Home in the Community

Percent of Customers

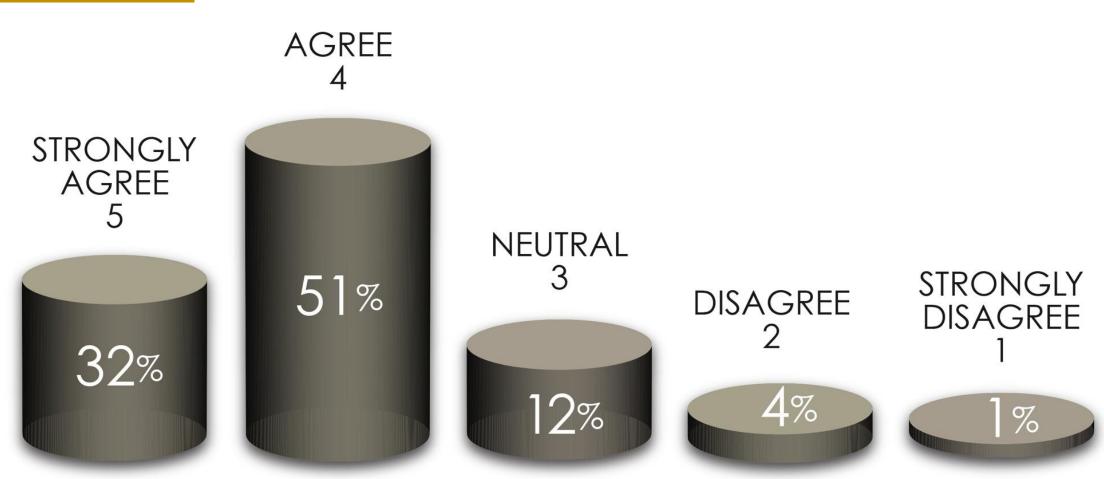
## CUSTOMERS WHO FEEL AT HOME WHEREVER THEY ARE IN THE COMMUNITY



Feel at Home Whererever I am in the Community

Percent of Customers

## CUSTOMERS WHO FEEL AT HOME IN THEIR **PRIVATE RESIDENCE** IN THE COMMUNITY



I Feel at Home in My Private Residence
Percent of Customers

Why is feeling at home important?

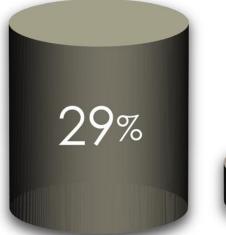
#### CUSTOMERS WHO RECOMMEND THEIR

I AM HOME

#### COMMUNITY TO FRIENDS BY FEEL AT HOME GROUP

78%

SORT OF HOME



**NOT HOME** 



**Percent of Independent Living Customers** 

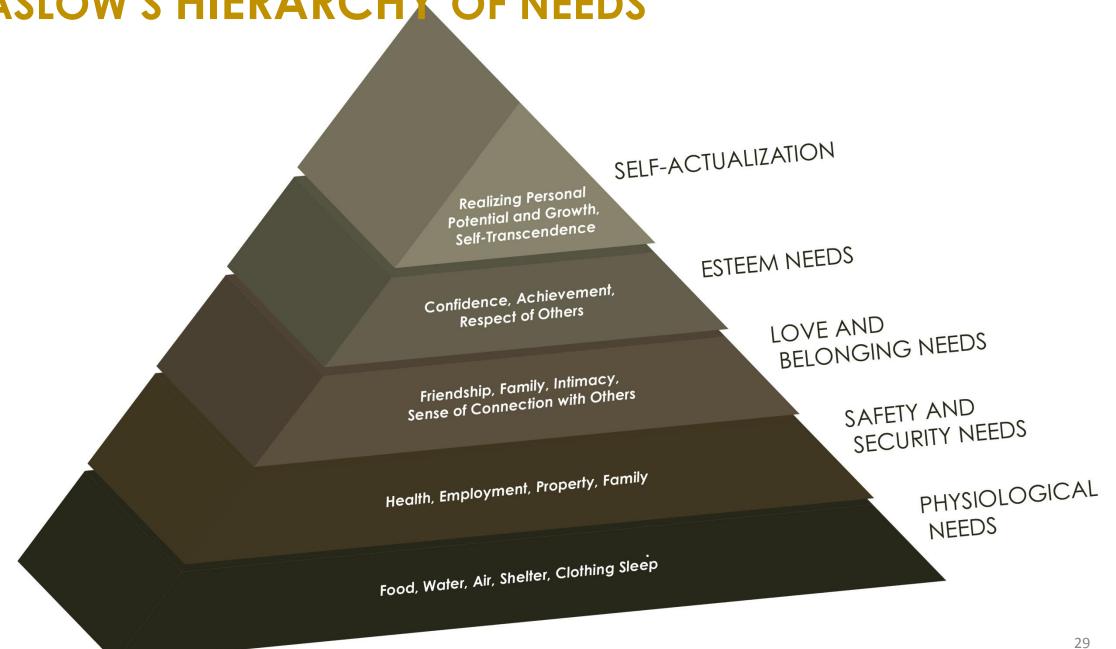
I Am Home = 25.3%

Sort of Home = 60.3%

Not Home = 14.3%

It impacts the bottom line, but...?

### MASLOW'S HIERARCHX OF NEEDS



IL HIERARCHY
OF
MOTIVATIONAL
NEEDS

SELF-ACTUALIZATION

Achieving goals, selflessness, creativity, leaving legacy, fulfillment

In control, not being dependent,
being known for who you are,
knowing rules, confidence of self in community

Finding new friends, adapting to communal life, finding a place in a group, forming close relationships, having a sense you are in the right place

Fear of unknown, fear of moving, fear of getting lost, fear of falling, dealing with health and abilities issues, giving up home and possessions, loss of control, loss of independence, concern for safety of valuables

Unknown environment, distance to dining and other areas in community, being in a public community rather than private residence, change in daily routine and lifestyle

ESTEEM NEEDS

LOVE AND BELONGING NEEDS

> SAFETY AND SECURITY NEEDS

> > PHYSIOLOGICAL NEEDS

### The Hierarchy of Needs Within the Independent Living Environment Bottom of Pyramid

Titles	Maslow Descriptors	Life in Independent Living Community			
Physiological	• Food	Moving to an unknown environment			
Needs	<ul><li>Water</li></ul>	• Choosing, packing, moving, unpacking, and storing items in new			
	<ul><li>Shelter</li></ul>	residence – then remembering if you brought it and where it is			
First Level	<ul><li>Clothing</li></ul>	<ul> <li>Adjusting to a new residence</li> </ul>			
Lowest	<ul><li>Sleep</li></ul>	<ul> <li>Not being responsible for one's meals or housekeeping</li> </ul>			
		<ul> <li>Adjusting to a schedule</li> </ul>			
		<ul> <li>Maintaining a comfortable temperature in residence</li> </ul>			
		<ul> <li>Managing incontinence issues in a communal environment</li> </ul>			
		<ul> <li>Physical stamina and strength – ability to walk to dining room</li> </ul>			
		<ul> <li>Physical limitations and navigating a new environment</li> </ul>			
		<ul> <li>Being in public instead of private</li> </ul>			
		<ul> <li>Experiencing the innate need to preserve sense of self</li> </ul>			
		31			

Titles	Maslow Descriptors	Life in Independent Living Community		
Safety and	<ul><li>Health</li></ul>	Fearing the unknown		
<b>Security Needs</b>	<ul> <li>Employment</li> </ul>	<ul> <li>Fearing the move to independent living/assisted living</li> </ul>		
	<ul><li>Property</li></ul>	<ul> <li>Fearing getting lost in new place</li> </ul>		
	<ul><li>Family</li></ul>	<ul> <li>Fearing falling, tripping, walking in new areas and on different floors</li> </ul>		
Cocond Lovel		<ul> <li>Fearing not doing the right thing in the community</li> </ul>		
Second Level		<ul> <li>Having a sense of abandonment by family</li> </ul>		
		<ul> <li>Feeling safe in residence</li> </ul>		
		<ul> <li>Recovering from illness, injury</li> </ul>		
		<ul> <li>Concern about ability to take care of oneself</li> </ul>		
		<ul> <li>Disagreeing with family relative to move</li> </ul>		
		<ul> <li>Giving up home and possessions</li> </ul>		
		<ul> <li>Losing sense of control</li> </ul>		
		<ul> <li>Losing sense of privacy</li> </ul>		
		<ul> <li>Losing independence</li> </ul>		
		<ul> <li>Having to trust strangers (employees)</li> </ul>		
		<ul> <li>Worrying about safety of valuables</li> </ul>		
		<ul> <li>Worrying about spending money</li> </ul>		
		<ul> <li>Worrying about running out of money</li> </ul>		
		<ul> <li>Worrying about having to move again</li> </ul>		
		<ul> <li>Fearing being ill or dying among strangers</li> </ul>		

Titles	Maslow Descriptors	Life in Independent Living Community
Love and Belonging Needs Third Level	<ul> <li>Friendship</li> <li>Family</li> <li>Intimacy</li> <li>Sense of connection with others</li> </ul>	<ul> <li>Forming connections with strangers</li> <li>Remembering names</li> <li>Making new friends</li> <li>Feeling comfortable with group life</li> <li>Finding people with similar interests and backgrounds</li> <li>Finding a place in a group</li> <li>Forming close relationships for mutual support</li> <li>Knowing this is the right place</li> <li>Having a sense of belonging</li> </ul>
Esteem Needs Fourth Level	<ul><li>Confidence</li><li>Achievement</li><li>Respect of others</li></ul>	<ul> <li>Being in control</li> <li>Not feeling dependent on others</li> <li>Knowing rules of community life</li> <li>Knowing people</li> <li>Being known</li> <li>Being known for your contributions</li> <li>Being known for capabilities</li> <li>Respecting rules while maintaining a sense of identity and independence (not just another "number")</li> </ul>

Titles	Maslow Descriptors	Life in Independent Living Community			
Self-	<ul> <li>To become</li> </ul>	Doing something to help someone else			
Actualization	everything	<ul> <li>Sharing knowledge/wisdom with others</li> </ul>			
	one is	<ul> <li>Being creative - writing, drawing, painting, volunteering,</li> </ul>			
	capable of	promoting community to friends, hosting a welcoming party			
Fifth Level	becoming.	Experiencing spiritual enlightenment			
Highest	• To realize and	<ul> <li>Achieving personal goals</li> </ul>			
	use full	<ul> <li>Learning something new</li> </ul>			
	potential,	<ul> <li>Improving/increasing physical capacity – from walking 10</li> </ul>			
	capacities,	feet after surgery, to walking 10 miles			
	and talents	Leaving a legacy			
		<ul> <li>Having a sense of fulfillment</li> </ul>			
		Being content			
		34			

## CUSTOMERS WHO COMMENTED ON WHAT MAKES A PLACE FEEL LIKE "HOME"

Mhat makas a place	At Home Group		
What makes a place feel like "home" to you?	l'm Home	Sort of Home	Not Home
Friendly people, being with friends	25%	25%	21%
Having my own belongings, furniture	15%	17%	11%
Friendly and/or caring staff	14%	10%	6%
Feeling of comfort	7%	6%	2%
Activities	6%	5%	3%
Atmosphere	5%	5%	4%

Why customers do not feel at home?

### WHAT CAUSES YOU NOT TO FEEL AT HOME?

What causes you to feel not at home, even if it is only some of the time?	I'm Home	Sort of Home	Not Home
Difficulty making friends, loneliness, miss friends, nothing in common with others, too many cliques	20%	21%	19%
Miss my previous residence	9%	17%	14%
Miss my family/too far away		6%	4%
Haven't lived here long enough	6%	7%	5%
Miss my yard, garden	6%	3%	2%

## PREVALENCE OF CUSTOMERS WHO MENTIONED "CLIQUES" OR "DIFFICULTY MAKING FRIENDS"

#### Prevalence of Cliques in 126 Communities

	Number with Customers who Mentioned Cliques		Percent of Total
Communities	96	126	76%
Companies	20	21	95%

Mom eventually found her crowd (they dress well, they are fairly healthy, and mobile) but they have become a closed clique and are what I term, "the mean girls".

Who are incredibly critical of others who aren't as fashionable or healthy as they are.

I used to think the worst thing in life was To end up all alone.

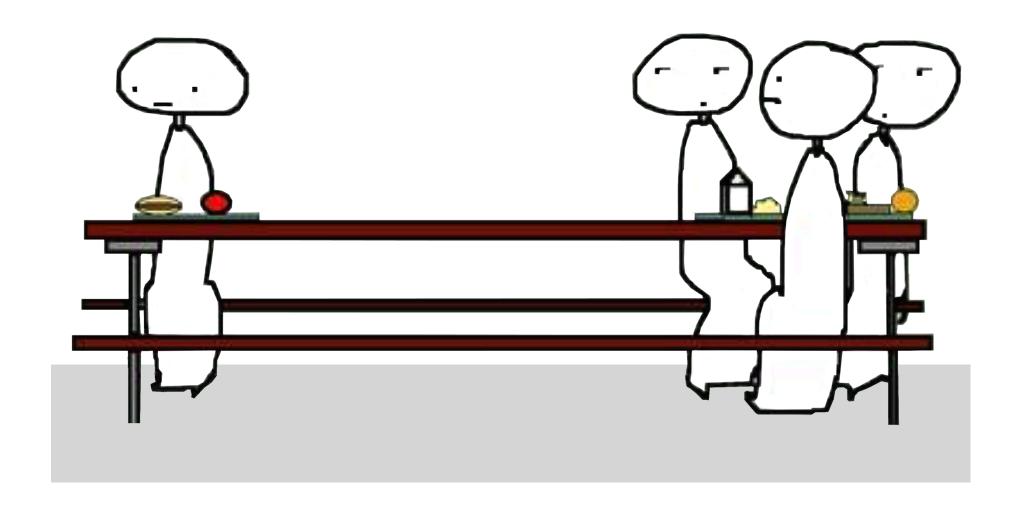
It's not.

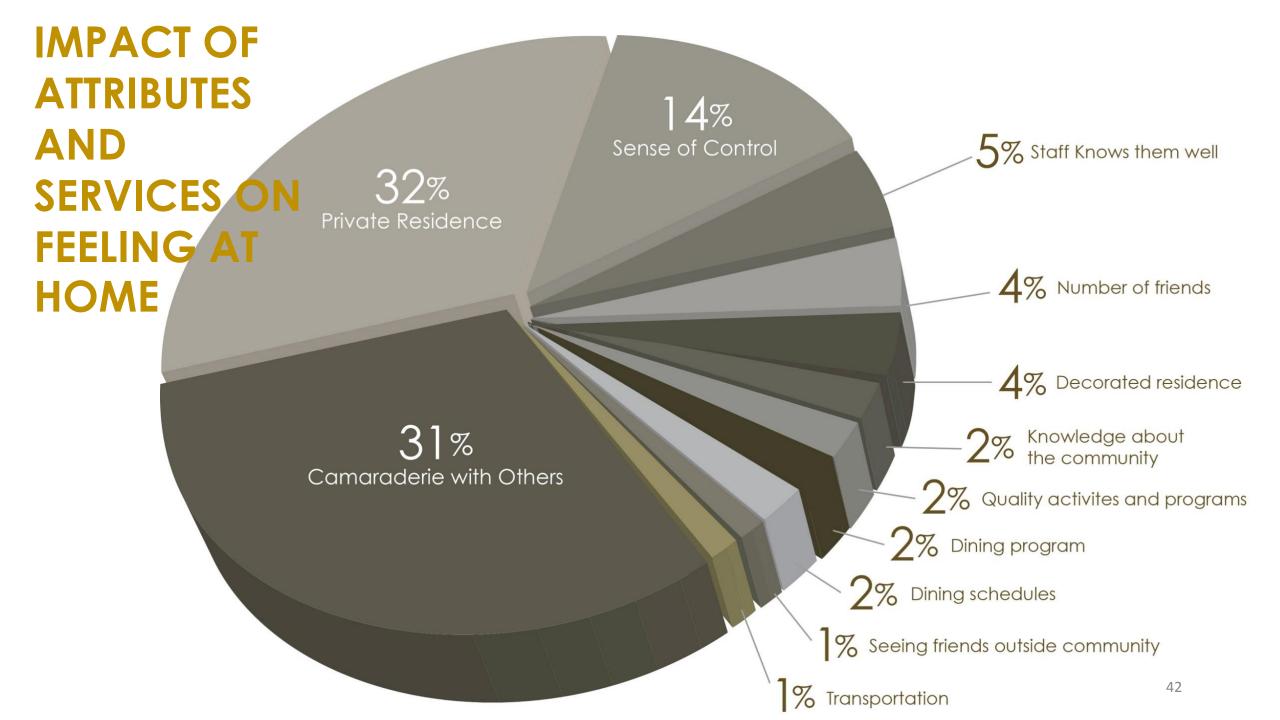
The worst thing in life is to end up with people that make you feel all alone.

Robin Williams, Actor



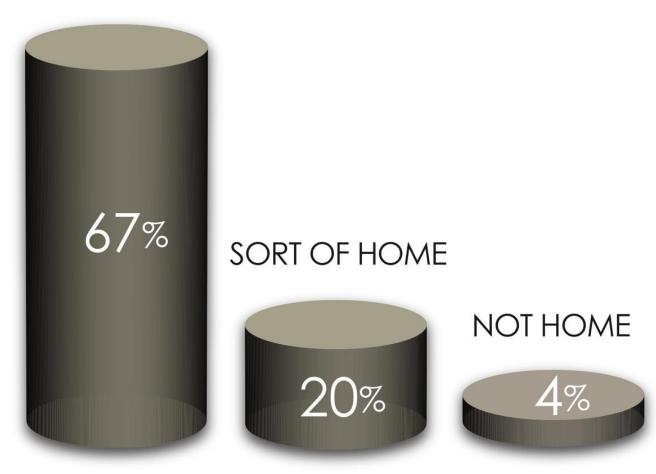
#### WHY CLIQUES NEED TO BE COACHED





#### 1. Residence

## CUSTOMERS <u>VERY SATISFIED</u> WITH THEIR RESIDENCE IN THE COMMUNITY I AM HOME

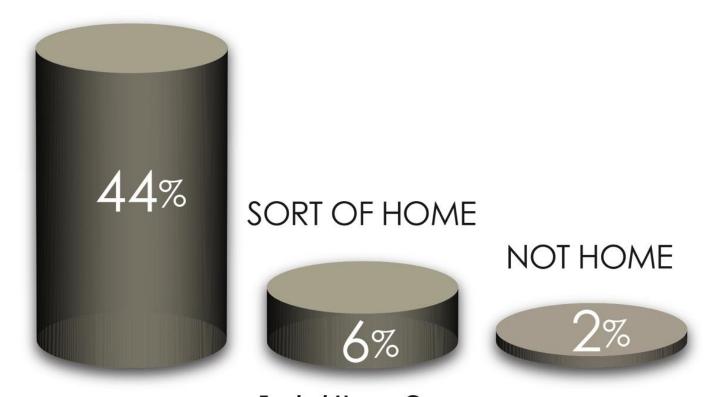


Feel at Home Group
Percent Very Satisfied with Residence

#### 2. Camaraderie

### CUSTOMERS WHO HAVE A STRONG SENSE OF CAMARADERIE WITH OTHERS IN THE COMMUNITY

I AM HOME

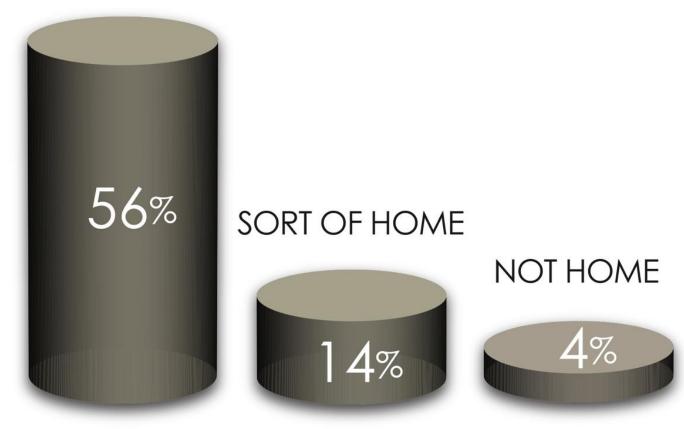


Feel at Home Group
Percent Who Have a Strong Sense of Camaraderie

### 3. Control

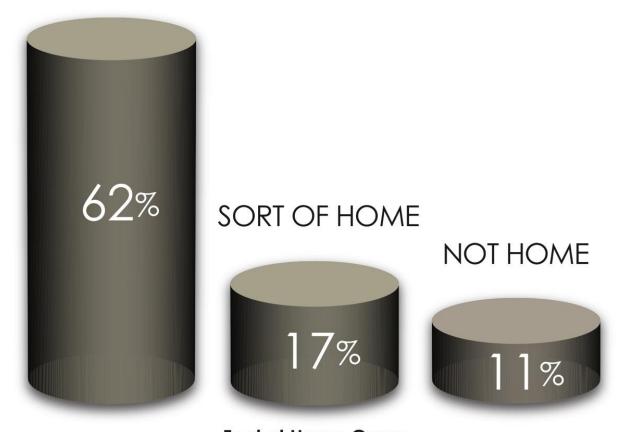
### CUSTOMERS WHO ARE VERY SATISFIED WITH THEIR SENSE OF CONTROL

I AM HOME



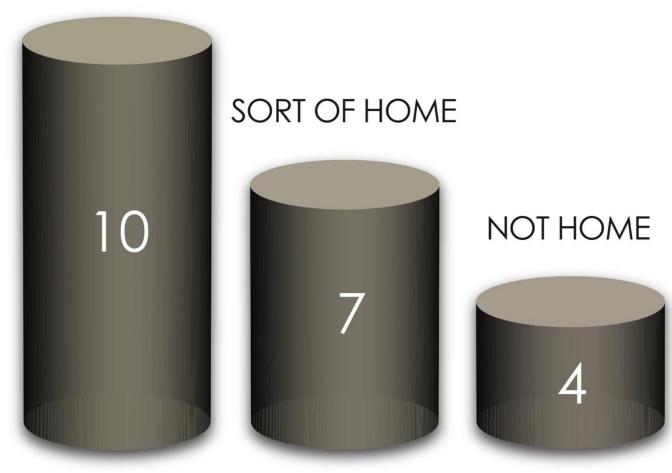
Feel at Home Group
Percent Very Satisfied with Sense of Control

# 4. Staff know them CUSTOMERS WHO STRONGLY AGREED THE STAFF KNOWS THEM WELL IAMHOME



Feel at Home Group
Percent Who Strongly Agreed the Staff Know Them Well

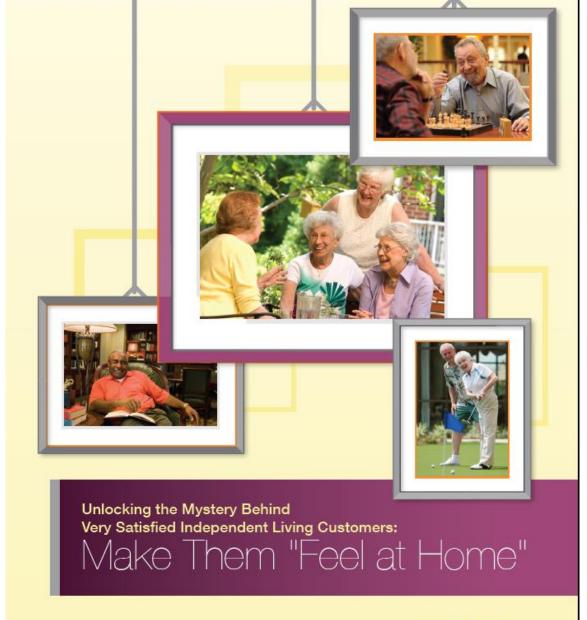
# 5. Friends CUSTOMERS' NUMBER OF CLOSE FRIENDS IN THE COMMUNITY IAMHOME



**Feel at Home Group**Number of Close Friends

More of our customers can feel at home.

You must help your customers find home.



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Tell them Colorado Leading Age



### A few last words